

*Most Heavenly Father, I prayerfully present this list to you as my Christmas wish list for 2017. Lord please strengthen me in my resolve to live a more virtuous life, one that is pleasing to you, and help me to avoid and overcome those sins which are negatively correlated to each virtue. I bring my prayer to you during this Advent season in the name of The Christ Child, Emmanuel. Amen.*

<b>THE IDEAL CHRISTMAS LIST</b>		
<b>VIRTUE</b>	<b>AREA OF IMPROVEMENT</b>	<b>SIN</b>
Chastity	purity and abstinence	Lust
Temperance	self-restraint	Gluttony
Charity	generosity	Greed
Diligence	persistence and effort	Sloth
Patience	forgiveness and mercy	Wrath
Kindness	compassion	Envy
Humility	modesty, humbleness	Pride